Yahoo! My Yahoo! Mail Search Search the Web Welcome, brublovik TATIOO! HEALTH Health - Groups - Help [Sign Out, My Account] REJOUER VAHOO! MESSENGEI Téléphon Téléphonez dans le monde entier à partir de 0,012€ la minute PASSEZ VOTRE SOURIS SUR LES DRAPEAUX POUR VOIR LES TARIFS ▶ ESS avec le nouveau Yahoo! Messenger. Yahoo! Groups News brublovik · brublovik@yahoo.fr | Group Member · Edit Membership Start a Group | My Groups SoulDiscoveryThruReiki · Soul Discovery Through Reiki Home Improved Message Search. Now you can quickly sort through message archive with the new Yahoo! Groups message search. With the "advanced search" featu Messages find message by date or author. Post **Files** Messages Mes **Photos** Go Search Message # Search: AdvancedS Links Database A Healing Space for Reiki In a Hospital Me Calendar Reply | Forward Message #8750 of 8764 < Prev **Promote** Wed Jul 19, 2006 : A Healing Space for Reiki In a Hospital by Janny E. Adkins, RN, BS, CHTP, HNC Show Message Yahoo! Groups Tips I manage a holistic women's center, St. Luke's Women's Care, Cedar Rapids, Iowa. St. Luke's Hospital is a member of a large Did you know... hospital system, Iowa Health System. We are considered rural Great things are "Samanthaa" and conservative. In 1994 Women's Care opened a new facility happening at Yahoo! <Samanthaa43 Groups.See the new located in a medical office plaza connected to St. Luke's samanthaa43 email design. Hospital. Women's Care views women from a holistic Offline perspective, honoring their needs from a physical, emotional, and M Send Email spiritual perspective. Nurses on staff are holistic nurses, and they Invite to Yahoo integrate this philosophy with their traditional nursing care. Yahoo! 360° Mammograms and diagnostic interventions are offered as well as Keep connected to holistic nursing, imagery, and energetic balancing techniques your friends and which initially included Therapeutic touch, and Healing Touch. family through blogs, At that time, the Vice President of Nursing was very open to photos and more. holistic interventions. I obtained her sanction to begin to offer Create your own these modalities, quietly, without advertising, and upon the 360° page now. request of clients. At that time I knew nothing of Reiki. One of the nurses on staff at that time, Diane Cira, told me about a Reiki Class that she had taken from Laurelle Shanti Gaia. She returned from the class

enthusiastic and excited about using Reiki with clients. Within a few months, I took a Reiki Class from Laurelle, and immediately experienced the gentle, but profound, healing power of Reiki, and

immediately saw the advantage of incorporating Reiki into the clinical setting. The versatility of Reiki appealed to me, as it was simple in the clinical setting to call on the Reiki energy to be present. There was no necessity to make obvious hand movements. Reiki could also be sent from a distance without placing hands on a patient. All of this appealed to me, and I could see that adding Reiki would greatly enhance the energetic interventions that were already offered.

At the same time I began sponsoring Reiki Classes taught by Laurelle in the Women's Center Educational Classroom. The classes were popular, as more and more people became excited about using and experiencing Reiki.

This is now three years later and we have individuals asking us if we offer Reiki. I find it interesting that the individuals ask specifically for Reiki. Patients have told us that they are using St. Luke's Hospital because they can have energetic interventions, like Reiki, while they are hospitalized.

Individuals coming to St. Luke's ask their physician to write an order for relaxation therapies. Hospital staff nurses call Women's Care and one of the Women's Care nurses provide the relaxation intervention at the bedside. Each individual is holistically evaluated by the nurse to determine the correct intervention; Reiki, Healing Touch, Therapeutic Touch, Music Therapy, or Imagery. The nurse charts on the patient's computerized chart, noting consent for treatment, pre-treatment assessment, and response to treatment. There is currently no direct charge to the patient.

In Women's Care, women may self refer. All visits are paid outof-pocket. We especially encourage women to use Reiki pre and post surgery as a part of the pre-surgical consultations we offer to help women prepare for surgery. Use of Reiki is one of the modalities that we suggest.

Reiki has added a depth to our energetic interventions that cannot be described with words . . . Reiki was the missing piece.

An interesting caveat is that for several years, there was no formal written protocol regarding energetic interventions like Reiki. I considered the provision of energetic interventions part of our nursing care. However, last August, I asked Mona Sonkens, a Women's Care staff nurse to write a department policy regarding Reiki. Mona had served on hospital policy and procedure committees for 14 years. Mona wrote the protocol, which I edited and reviewed and adopted as departmental policy.

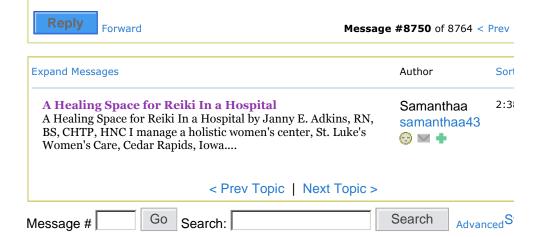
Would I suggest that other hospitals do what we have done? I would ask how can one argue with the fact that we are offering Reiki.

Reiki has added a depth to our energetic interventions that cannot be described with words, only experienced by our clients. Reiki was the missing piece. It provided the spiritual component of healing that was not identified in the other modalities.

I believe Reiki has a place in hospitals if we are to make our hospitals authentic places of healing. Just as Reiki works with the healing of our patients and clients, I believe Reiki has created a healing space for itself within our hospital.

Janny Adkins is a Reiki Master and Karuna Reiki[®] Master; Manager, Women's Care, St. Luke's Hospital Cedar Rapids, Jowa

For more information on this subject see our new **Reiki in Hospitals website at www.srpt.org.**



YAHOO! SPONSOR RESULTS

11th Annual Reiki Retreat, Catskills, NY - Join Reiki people from around the work speakers, interesting topics, lots of Reiki & fun. We provide lodging & meals too. www.reikiclasses.com

Bennett Stellar University of Reiki - Bennett/Stellar University is celebrating its 10 anniversary as a licensed and approved school providing comprehensive instruct certifications in the subject of Reiki.

www.imagineit.org

Reiki Healing and Instruction - Distance energy work with a Reiki master teacher. Training all levels.

harmoniahealth.com

Copyright © 2006 Yahoo! Inc. All rights reserved.

Privacy Policy - Copyright/IP Policy - Terms of Service - Guidelines - Help